

Show Your 4-H Colours this November!



4-H is proud to count on your support of Show Your 4-H Colours – the annual celebration of 4-H across Canada! Your involvement in this campaign is spreading awareness of 4-H and is supporting 4-H’s work in offering safe, fun, and inclusive learning opportunities for youth in every province.

Here are just some of the ways you can celebrate with us!

Wear green on Nov. 4

Wear your favourite green proudly on Nov. 4 as you join thousands of 4-H youth, leaders, alumni, and supporters wearing green for 4-H!



Share your 4-H story with others



Share what 4-H means to you, your best 4-H memory, or how you’re raising awareness of 4-H in your community at showyour4hcolours.ca/stories.

Share your 4-H colours on social media

Post a photo in your 4-H green to social media using **#ShowYour4HColours** and tagging **@4HCanada**.

Spread the word

Download pre-written social posts, graphics, posters, and more resources to encourage others to join the celebration at showyour4hcolours.ca/downloads.

Learn more about 4-H

Visit showyour4hcolours.ca

Visit a landmark lighting in green on Nov. 4



4-H is lighting the country in green as landmarks turn their lights to green on the evening of Nov. 4.

Find a landmark near you at showyour4hcolours.ca/landmarks.

Give back to 4-H



Become a volunteer, sign-up as an alum, make a donation, or find more ways to give back to 4-H at showyour4hcolours.ca.



Proudly supported by



**Wear green.
Celebrate.
Give back.**