

Show Your 4-H Colours this November!



4-H is proud to count on your support of Show Your 4-H Colours – the annual celebration of 4-H across Canada! Your involvement in this campaign is spreading awareness of 4-H and is supporting 4-H's work in offering safe, fun, and inclusive learning opportunities for youth in every province.

Here are just some of the ways you can celebrate with us!

Wear green on Nov. 3

Wear your favourite green proudly on Nov. 3 as you join thousands of 4-H youth, leaders, alumni, and supporters wearing green for 4-H!



Share your 4-H colours on social media

Post a photo in your 4-H green to social media using **#ShowYour4HColours** and tagging **@4HCanada**.

Learn more about 4-H

Visit showyour4hcolours.ca

Buy a fundraising t-shirt to support 4-H youth

\$4 from each shirt sold is directed to 4-H in your province to provide youth with impactful programming.



Buy your shirt today at showyour4hcolours.ca/fundraiser.

Spread the word

Download pre-written social posts, graphics, posters, and more resources to encourage others to join the celebration at showyour4hcolours.ca/downloads.

Visit a landmark lighting in green on Nov. 3



4-H is lighting the country in green as landmarks turn their lights to green on the evening of Nov. 3.

Find a landmark near you at showyour4hcolours.ca/landmarks.

Give back to 4-H



Become a volunteer, sign-up as an alum, make a donation, or find more ways to give back to 4-H at showyour4hcolours.ca.



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We create chemistry

**Wear green.
Celebrate.
Give back.**